

GymbaROO

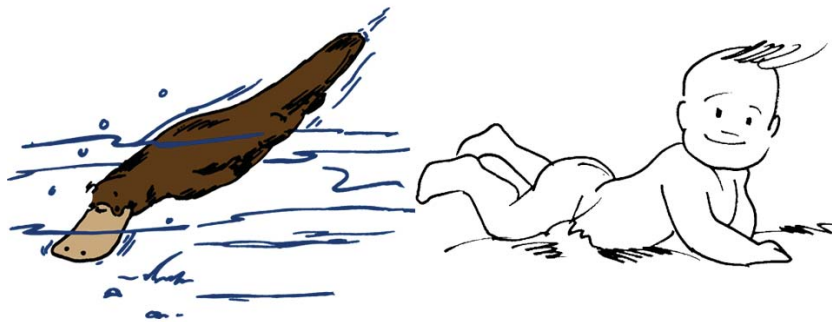
FUN & LEARNING



Neuro Developmental Milestones

Newborn – 5 Months

- Milestones are an orderly, predictable and inter-related sequence of developments
- Children progress through these, but at different rates
- Each GymbaROO program aims to help your child achieve these milestones



Platypus: Non-mobile babies

- Pushes up on arms, head held high, chest off the floor, palms of hands open when resting on surface
- Rolls front to back and/or back to front
- No head lag when pulled to sit
- Takes weight on upper body when bottom and legs lifted off the ground briefly
- Focuses on and follows nearby moving objects with eyes
- Studies hands and feet
- Reaches for toys with both hands
- Palmar reflex inhibited – grasps toys voluntarily (full handed grasp)
- Brings everything to mouth
- Smiles and gurgles delightedly
- Shows excitement at approaching voices and footsteps
- Moro reflex inhibited – startle response matures
- Watches mother's face intently with a contented, purposeful gaze
- Copies actions such as poking out tongue, smiling
- Begins to pull self forward on tummy

