

GymbaROO

FUN & LEARNING

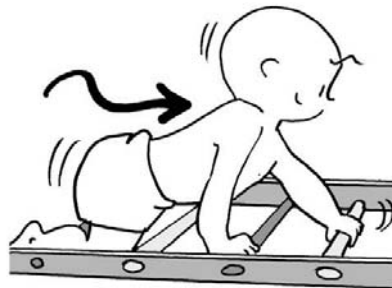


WELL
DONE

Neuro Developmental Milestones

8 Months – 14 Months

- Milestones are an orderly, predictable and inter-related sequence of developments
- Children progress through these, but at different rates
- Each GymbaROO program aims to help your child achieve these milestones



Wombats: hands and knees creepers

- Creeps in cross lateral movement on hands and knees – STNR reflex (forward and backwards) inhibited
- Sits self up
- Pulls self up on furniture
- Cruises
- Creeps upstairs
- Parachute reflex matured – puts arms out to save self if tilted off balance – sideways, forwards or backwards
- Takes weight on upper body for wheelbarrows when held at hips
- Picks up and lets go of objects with thumb and forefinger
- Starts to throw things or drop things from the high chair
- Increasingly conversational
- Laughs, chuckles and squeals aloud in play
- Begins to clap hands together and wave bye bye
- Plays peek-a-boo
- Vocalises tunefully using sing-song vowel sounds. Increasingly joins in singing
- Responds to simple directions – understands 'no' and 'bye bye'
- Copies parent in simple play activities
- Loves to hang upside down
- Visually very attentive to people, objects and happenings
- Loves listening to stories and looking at simple illustrations

